

# COMMUNITY TRAINING DOMESTIC ABUSE INITIATIVE

We are looking for local people, groups, businesses & organisations to become part of the Essex J9 Network. For more information please visit: [www.alphavesta.com/j9](http://www.alphavesta.com/j9)



**DID YOU KNOW?**

1 in 5 adults experience domestic abuse at some point during their adult lifetime. 1 in 5 children will experience domestic abuse in the home as they are growing up.

Fully funded  
1hr  
online training

## Anyone can attend the training;

- ★ To build an understanding of what we mean by 'domestic abuse'.
- ★ To explore tools and resources to help recognise the signs of domestic abuse and feel confident to point someone in the direction of specialist support services.
- ★ To create a 'Safe Space' within our Essex communities for adults or children to access information and details of support services.



DOMESTIC ABUSE TRAINING & CONSULTANCY

**SETDAB**

01277 549136

[enquiries@alphavesta.com](mailto:enquiries@alphavesta.com)

[www.alphavesta.com](http://www.alphavesta.com)

Scan the  
QR Code for  
more info

