

#IDidntKnow

I DIDN'T KNOW

What might you see, hear or notice?



What is Domestic Abuse? It is abusive behaviour between two people aged 16 and over that are 'personally connected' to each other.

What do we mean by 'personally connected'?

Domestic abuse transcends across a variety of different relationships where there is a 'personal connection' between the parties involved.

- they are, or have been, in an intimate personal relationship together
- they are, or have been, married or in a civil partnership together;
- they may have previously agreed to marry or enter into a civil partnership agreement (forced marriage)
- they have previously or currently share a parental relationship in relation to the same child;
- they are relatives or family members.



1 IN 4 WOMEN
will be affected by some form of domestic abuse during their adult lifetime. (ONS, 2025)



1 IN 6 MEN
will be affected by some form of domestic abuse during their adult lifetime. (ONS, 2025)



1 IN 5 CHILDREN
are affected by domestic abuse at some point during their childhood (NSPCC, 2020)

DID YOU KNOW?

Domestic Abuse may often intersect with other crimes & vulnerability areas including:

- Mental health issues
- Substance misuse issues
- Gender & Sexuality
- Disability
- Strong personal beliefs
- Cultural & Religious beliefs

What does Domestic Abuse mean?

Domestic Abuse means different things to different people. Some people would never associate with the term 'domestic abuse' or identify themselves with perhaps being a 'victim' or 'perpetrator' of abuse. However, victims and perpetrators are everywhere, in a variety of different guises; we just may not recognise the signs.

Domestic Abuse does not discriminate, there is no stereotypical perpetrator, no stereotypical victim, and no stereotypical domestic abuse incident.



Brother Sister Husband Wife Father Mother Aunt Uncle Boyfriend Girlfriend Grandparent Grandchild Niece Nephew

What are the different forms of Domestic Abuse?

It is not always about violence or physical abuse but can also present as;

- violent or threatening behaviour
- emotional or psychological abuse
- coercive control
- financial and economic abuse
- health abuse
- sexual abuse.

To find out more about the different forms of Domestic Abuse please visit our website.



**I DIDN'T KNOW I COULD
MAKE A DIFFERENCE**

www.alphavesta.com



Help Alpha Vesta in their mission to 'Break the Cycle' of Domestic Abuse through awareness, prevention and early intervention.